If you have any queries relating to speech and language therapy within the Adult Neurodevelopmental Service, please contact the team via the contact details on this leaflet.

Speech and Language Therapy
Adult Neurodevelopmental Service
Paybody Building
C/o City of Coventry Health Centre
2 Stoney Stanton Road
Coventry CV1 4FS

Tel: 024 7696 1355

Email: cwp-tr.adultneurodevelopmental@nhs.net

If you require this leaflet in a different format or language, please contact the Trust's Equality and Diversity Team on 024 7653 6802

Ref: Royal College of Speech and Language Therapy
What is speech and language therapy?

The role of a Speech and Language Therapist (SLT) is to help a person maximise their communication potential, so that they are better able to form and maintain relationships with others and access recreation activities, education and/or employment to the best of their ability.

The clinician that completed your neurodevelopmental assessment will have considered if you are likely to benefit from input from a Speech and Language Therapist.

How do I access speech and language therapy?

If it has been deemed beneficial, a referral will have been discussed with you at the point of your diagnosis, or shortly afterwards.

What speech and language therapy support is available to me?

- Support with developing your confidence to communicate your thoughts and feelings to others.
- Support with developing your communication skills for an interview.
- Discussion about ways you might share your diagnosis with others.
- Support to develop strategies to manage any communication challenges you may face.
- Advice on possible ‘reasonable adjustments’ that might be beneficial for you within the workplace or education.

What to expect from speech and language therapy

If you are referred to speech and language therapy, you will be offered an appointment to discuss your hopes and aims.

A joint plan will be developed and you will be offered up to six individual sessions with a Speech and Language Therapist, who will support you in working towards your agreed goals.

Alternatively, you may wish to access some very small group sessions alongside other people who have had a recent Neurodevelopmental diagnosis. This option will be discussed with you at your appointment.