Community Learning Disability Teams

**Coventry**
- Windmill Point
- Windmill Road
- Coventry, CV6 7BE
- Telephone: 024 7632 4380

**North Warwickshire**
- The Loft
- Manor Court Avenue
- Nuneaton, CV11 5HX
- Telephone: 024 7631 5867

**Rugby**
- Locke House, The Railings
- Woodside Park
- Rugby, CV12 2NP
- Telephone: 01788 513730

**Solihull**
- Ivy Lodge,
- Marston Green
- Birmingham, B37 7HJ
- Telephone: 0121 779 5860

**South Warwickshire**
- Whitnash Lodge
- Royal Leamington Spa Rehabilitation Hospital
- Heathcote Lane, Leamington Spa, CV34 6SR
- Telephone: 01926 317746

www.covwarkpt.nhs.uk

If you require this leaflet in a different format or language please contact the Equality and Diversity Department on 024 7653 6802

Covering Coventry, Rugby, Solihull and North and South Warwickshire
Who are we?

We are a team who support people with a learning disability.

We are a group of professionals including:

- Psychiatrists
- Community Nurses
- Speech and Language Therapists

Referrals to our service

You can refer yourself by writing to:

Central Booking Service
City of Coventry Health Centre
Paybody Building
Stoney Stanton Road
Coventry
CV1 4FS

or by phoning 0300 200 0011

You can ask someone else to do it for you.
Who to contact

Referral forms are available on request. Contact details are given on the back of this leaflet.

Referrals for assessment or support from our psychiatrist must currently be made through your / the individual’s GP. However, we are pleased to welcome direct enquiries for referrals from our Nursing, Physiotherapy, Speech and Language Therapy, Psychology and Occupational Therapy Services.

Please send your referral to the service you feel you need help from. We would ask that you do not refer to every service for help with the same problem.

If you are not sure which service you need please contact the team using the appropriate number on the back of this leaflet.
We can help with

We can help you stay healthy.

We can help you understand your rights.

We may be able to help you express your feelings when you are feeling angry, sad or upset.

Music Therapy

The Music Therapist works with people on their own or in a group.

There are lots of instruments to play.

We play music about how you feel.

We can talk about yourself and other people.
We work closely with others who offer special help to people with learning disabilities.

Going to see the doctor and explaining how you feel. We can help you to understand what may happen.

We work closely with others who offer special help to people with learning disabilities.

You may also want to stay away from home for a short while. This is called respite.

Physiotherapy

Provides assessment, treatment and advice for a variety of problems associated with posture and mobility, respiratory, orthopaedic and neurological conditions.

We also give advice about healthy lifestyles and manual handling guidance.
We can help with

The team may be able to help you find work or activities during the day.

The team may help you decide where you want to live.

Occupational Therapy

Work with people who have difficulties with any activities of self-care, productivity or leisure.

This can include looking after yourself or your home, studying or getting a job, and finding meaningful things to do with your time.

The aim of Occupational Therapy is for the person to be as independent and satisfied as possible in each of these areas.
**Speech and Language Therapy**

Offers assessment, diagnosis and treatment of communication difficulties and eating, drinking and swallowing problems.

- We help clients to understand.
- We help clients to tell us about their needs, feelings and choices.
- We help people who have difficulties with eating and/or drinking.

**Community Nurses**

We carry out health assessments.

We support people who need to access healthcare and specialist health services.

We can help with:
- Children in transition
- Complex disabilities
- Epilepsy
- Challenging behaviour
- Mental health
- Sensory impairment
- Nutrition
- Continence
- Autistic Spectrum Disorder
- Dementia
- Offending behaviour
- Going into hospital
Psychiatry

We help assess and treat problems that change the way a person thinks, feels and behaves.

Things that affect the way the brain works such as dementia and epilepsy.

We can give you medication to help.

Psychology Services

Provides specialist assessment and support across a wide range of psychological, emotional and behavioural issues.

We will help you to understand your problems.

We will listen to you.

We will talk about how you feel.

We might talk to the people that care for you.