

Community Learning Disability Teams

Coventry

Windmill Point
Windmill Road
Coventry, CV6 7BE
Telephone: 024 7632 4380

North Warwickshire

The Loft
Manor Court Avenue
Nuneaton, CV11 5HX
Telephone: 024 7631 5867

Rugby

Locke House, The Railings
Woodside Park
Rugby, CV12 2NP
Telephone: 01788 513730

Solihull

Ivy Lodge,
Marston Green
Birmingham, B37 7HJ
Telephone: 0121 779 5860

South Warwickshire

Whitnash Lodge
Royal Leamington Spa Rehabilitation Hospital
Heathcote Lane, Leamington Spa, CV34 6SR
Telephone: 01926 317746

www.covwarkpt.nhs.uk

If you require this leaflet in a different format or language
please contact the Equality and Diversity Department on
024 7653 6802

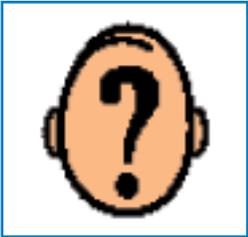


UC19 v9
December 2017

Community Learning Disability Teams



Covering Coventry, Rugby, Solihull and
North and South Warwickshire



Who are we?

We are a team who support people with a learning disability.

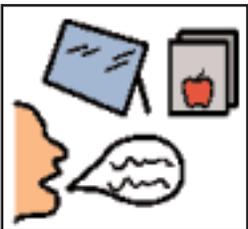
We are a group of professionals including



Psychiatrists



Community Nurses

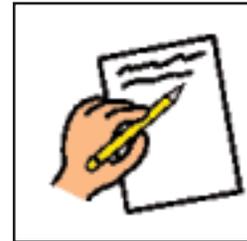


Speech and Language
Therapists

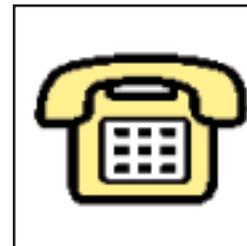


Referrals to our service

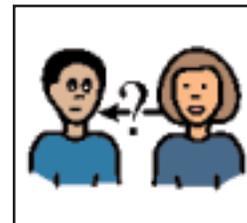
You can refer yourself by writing to:



Central Booking Service
City of Coventry Health Centre
Paybody Building
Stoney Stanton Road
Coventry
CV1 4FS



or by phoning 0300 200 0011



You can ask someone else to do it for you.



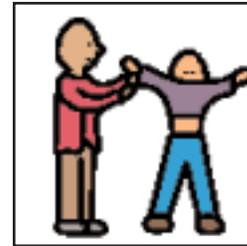
Who to contact

Referral forms are available on request. Contact details are given on the back of this leaflet.

Referrals for assessment or support from our psychiatrist must currently be made through your / the individual's GP. However, we are pleased to welcome direct enquiries for referrals from our Nursing, Physiotherapy, Speech and Language Therapy, Psychology and Occupational Therapy Services.

Please send your referral to the service you feel you need help from. We would ask that you do not refer to every service for help with the same problem.

If you are not sure which service you need please contact the team using the appropriate number on the back of this leaflet.



Occupational Therapists



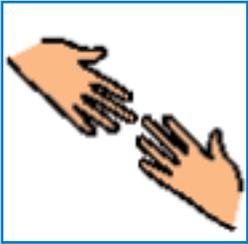
Music Therapist



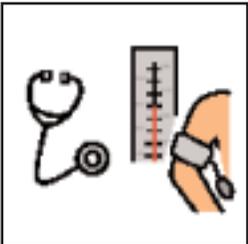
Psychologists



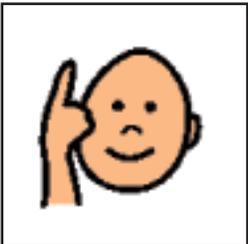
Physiotherapists



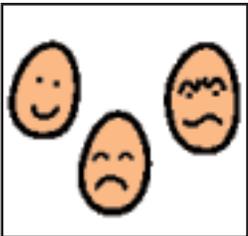
We can help with



We can help you stay healthy.



We can help you understand your rights.



We may be able to help you express your feelings when you are feeling angry, sad or upset.



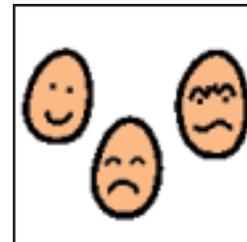
Music Therapy



The Music Therapist works with people on their own or in a group.



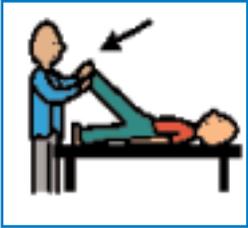
There are lots of instruments to play.



We play music about how you feel.



We can talk about yourself and other people.



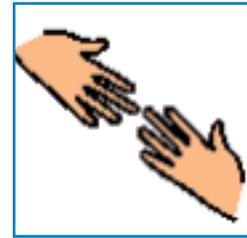
Physiotherapy



Provides assessment, treatment and advice for a variety of problems associated with posture and mobility, respiratory, orthopaedic and neurological conditions.



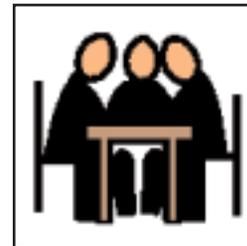
We also give advice about healthy life styles and manual handling guidance.



We can help with



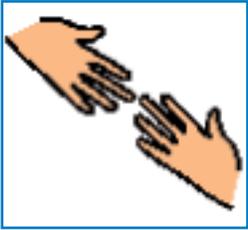
Going to see the doctor and explaining how you feel. We can help you to understand what may happen.



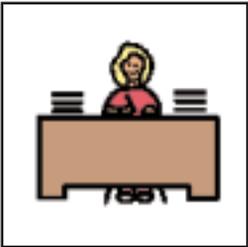
We work closely with others who offer special help to people with learning disabilities.



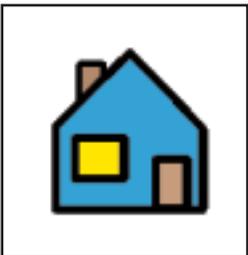
You may also want to stay away from home for a short while. This is called respite.



We can help with



The team may be able to help you find work or activities during the day.



The team may help you decide where you want to live.



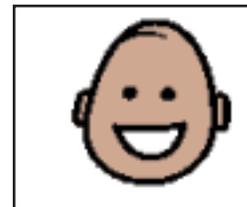
Occupational Therapy



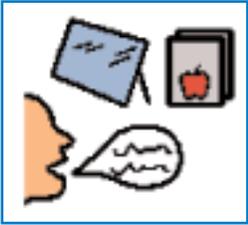
Work with people who have difficulties with any activities of self-care, productivity or leisure.



This can include looking after yourself or your home, studying or getting a job, and finding meaningful things to do with your time.

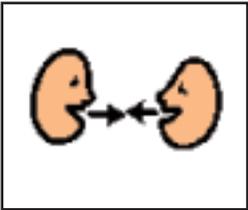


The aim of Occupational Therapy is for the person to be as independent and satisfied as possible in each of these areas.



Speech and Language Therapy

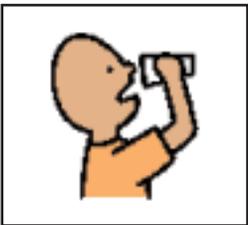
Offers assessment, diagnosis and treatment of communication difficulties and eating, drinking and swallowing problems.



We help clients to understand.



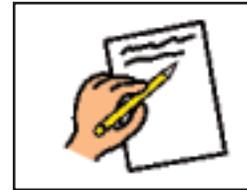
We help clients to tell us about their needs, feelings and choices.



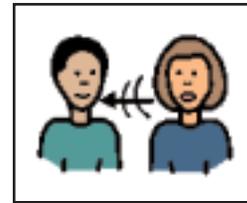
We help people who have difficulties with eating and/or drinking.



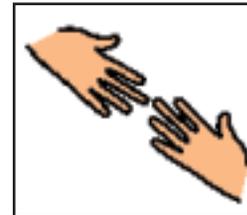
Community Nurses



We carry out health assessments.



We support people who need to access healthcare and specialist health services.



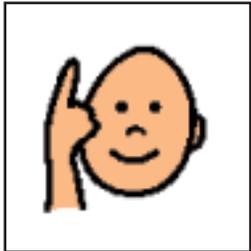
We can help with:

- Children in transition
- Complex disabilities
- Epilepsy
- Challenging behaviour
- Mental health
- Sensory impairment
- Nutrition
- Continence
- Autistic Spectrum Disorder
- Dementia
- Offending behaviour
- Going into hospital

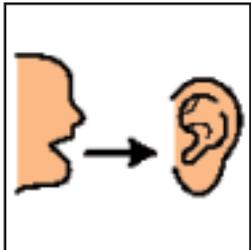


Psychology Services

Provides specialist assessment and support across a wide range of psychological, emotional and behavioural issues.

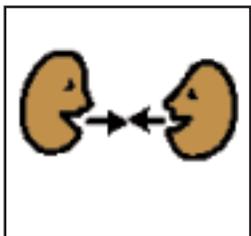


We will help you to understand your problems.



We will listen to you.

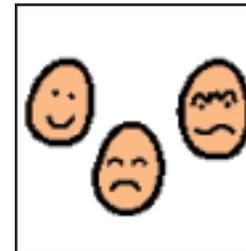
We will talk about how you feel.



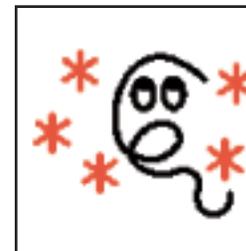
We might talk to the people that care for you.



Psychiatry



We help assess and treat problems that change the way a person thinks, feels and behaves.



Things that affect the way the brain works such as dementia and epilepsy.



We can give you medication to help.