

## How to access the service

Office hours are usually  
Monday to Friday, 8am to 6pm

Weekends and out of hours support can be agreed by prior agreement.

We support individuals and groups across Warwickshire. All appointments take place in community based settings throughout Warwickshire. Please contact the service for further details.

"I really appreciate what you do for me – when I come to see you. You always have practical solutions to my problems, you always signpost me somewhere if you can't do it yourself, I feel uplifted when I go away. Thank you"

Service user

## Confidentiality

We believe in respecting and maintaining your confidentiality. We will not share personal information unless we have your permission or we have to because of our duty of care to protect your health, safety and wellbeing and that of others.

This leaflet is available in different formats upon request.



## Warwickshire Mental Health Employment Support Service (MHESS) Individual Placement Support (IPS)

### Office address:

Room 21  
Koco Building  
Arches Industrial Estate  
Spon End  
Coventry CV1 3JQ

Phone: 024 7667 3938  
Fax: 024 7671 7852  
Email: MHESS@rethink.org

Rethink  
Mental  
Illness.

Leading the way to a better  
quality of life for everyone  
affected by severe mental illness.

For further information  
on Rethink Mental Illness  
Phone 0121 522 7007  
Email info@rethink.org

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Warwickshire

# Mental Health Employment Support Service

Individual Placement Support (IPS)



## About Rethink Mental Illness

Rethink Mental Illness is a charity that believes a better life is possible for millions of people affected by mental illness. For over 40 years we have brought people together to support each other. We run services and support groups across England that change people's lives and we challenge attitudes about mental illness.

## Employment

Rethink Mental Illness intends to promote good mental health in the workplace by supporting and promoting well-being and encouraging organisational good practice, understanding and supportiveness.

Rethink Mental Illness provides a wide range of employment services to people with mental illness. Our high quality services help individuals access employment, retain their jobs and regain their self-confidence and independence.

### Our services include:

- Support into employment
- Work preparation
- CV writing and interview skills
- Mentoring
- Job retention
- Employer support
- Supporting people to understand and exercise their rights in the workplace
- Negotiation for reasonable adjustments in the workplace as per Equality Act 2010.

## About our service

The mental health employment support service is open to people who meet the following criteria:

- anyone aged 16 years old or older
- anyone who lives in Warwickshire
- anyone who has accessed secondary mental health services and is motivated to work
- anyone who is in employment and has an emerging mental health issue, that could mean their employment may be at risk.

IPS Supported Employment is an evidence-based approach to supported employment for people who have a severe mental illness. IPS stands for Individual Placement and Support.

IPS supports people in their efforts to achieve steady employment in mainstream competitive jobs, either part-time or full-time.

## Referrals

We accept self referrals, as well as referrals from Integrated Practice Units (IPUs), GPs, clinical teams and Wellbeing in Warwickshire hubs.



## Support for individuals

Just about everyone needs help finding or retaining employment at some time in their lives. We travel to meet clients in their communities to reduce their need to travel where possible.

Our friendly employment specialists offer a range of support on a one-to-one basis (daily, weekly, fortnightly, monthly as required) to help you make decisions about your future.

## Support for employers

We also support employers and their staff in regards to mental health matters in the workplace eg. phased return or reasonable adjustments. A toolkit to support and guide employers is also available.

**“Thank you for the help with my employment query and support with communicating with my employers.”** Service user

