Products are prescribed based on the clinical need of each individual patient. Pads are medical devices therefore the products issued should be allocated to the correct patient.

"Pinch, Pinch, Pull"
Softly pull both ends of the pad and fold in the middle to activate the leakage barriers.

Tip: Shaking the product prior to application could compromise the absorbent core of the product.

Application
Where possible, pads should be applied from the front to back to minimise the risk of spreading bacteria. Application guides are available upon request.

Tip: Any creams or lotions should be applied sparingly and only on the affected areas as overuse could prevent the pad from absorbing effectively.

2 Piece Solution
Abri-San shaped pads 1 to 4 should be worn with close fitting underwear. They can be applied over own underwear with the adhesive strip; 5-11 require fixation underwear. The fixation underwear support the pad and provide comfort to the user. Do not tumble dry the fixation pants as this will reduce the lifetime of the product.

Tip: Fixation underwear should be worn with the seams on the outside to prevent irritation to the skin.

Wetness Indicator
Many Abena products feature a wetness indicator in a gated ladder design. When 3/4 of the indicator has changed from yellow to blue this means the product needs to be changed (urinary incontinence only) Note: if there is any trace of faeces present then the product must be changed, regardless of the wetness indicator.

Tip: If leakage occurs & the wetness indicator isn’t a continuous line this may indicate a fitting issue.

Disposal
Containment products should be disposed of in household waste, unless advised otherwise by your assessing Nurse or NHS Trust.

Tip: Abena products can work well with most macerators in care home settings.

Storage
Where possible the products should be stored in a cool and dry environment and not removed from the packet until required.

Tip: We would recommend not keeping the products in a bathroom as this will affect the absorbency.