How to contact us
0300 200 0011 (8am-8pm)

If you require medical help but it is not life threatening, please dial 111 for further assistance.

If you require medical help and feel it is an emergency, please dial 999.

Useful Numbers

Carers Trust
024 7610 1040
Email: info@carerstrusthofe.org.uk

Age UK Coventry
024 7643 3043
Email: advice@ageukcoventry.org.uk

If you require this publication in a different format or language please contact the Equality and Diversity Department on 024 7653 6802.
Who are we?

We are a multi professional team consisting of:

How do I access ICaRe?

Any health and social care professional can refer you into ICaRe.

The Intermediate Care and Reablement Team, known as ICaRe aims to facilitate hospital discharge and prevent avoidable hospital admission, through a multidisciplinary, multi-agency team approach.

The service is available to anyone aged 18 and over, who is registered with a Coventry GP.

Our Main Aim

To provide support to enable you to remain as independent as possible within your own home.

- We can support you following a discharge from hospital to assist you in regaining your independence.
- We can help prevent you going into hospital unnecessarily by providing quick access to nursing, therapy and support staff.

How ICaRe works

- With your permission, a member of the team will work with you to agree what help and support you need.
- Together we will develop a list of realistic goals which you will be supported to achieve.
- Support may consist of tasks such as preparation of meals, washing, dressing and assistance in mobilising. Our support workers will assist you with this on a short term basis, until your confidence is rebuilt.
- The ICaRe service provides short term interventions that enable you to reach your optimum level of independence.
- A member of the team will routinely visit you at home to review your progress and address any concerns or barriers.
- Our staff also work with partner agencies to identify any long term care needs that you may have, and facilitate access to the most appropriate services.