REACT - Evaluation of a peer supported self-management intervention for relatives of people with psychosis or bipolar disorder: Relatives Education And Coping Toolkit

Aims and Objectives
Relatives of people with psychosis or bipolar disorder (BD) provide a large amount of vital unpaid care, but at huge personal cost in terms of high levels of distress, a significant practical/financial/emotional burden and increased use of healthcare services.

This study aims to evaluate an online peer supported self-management intervention for relatives of people with psychosis/BD: Relatives’ Education And Coping Toolkit (REACT).

The key objectives are to determine the clinical effectiveness of REACT by assessing relatives’ distress and wellbeing at 24 weeks as well as the cost effectiveness.

Inclusion Criteria
Relatives/close friends of people with psychosis or bipolar disorder that are experiencing distress and seeking help. Must be over 16, have access to a computer and have a good working knowledge of written and verbal English.

Chief Investigator | Local Collaborator | Start Date | End Date
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