



The Team

Coventry Community Integrated Specialist Palliative Care Team

Useful telephone numbers:

District Nurse	0300 200 0011 – 8am – 8pm
Night Nurses	07836 505097 – 8pm – 8am
Marie Curie Helper Support	08450 738698
Macmillan Cancer Support	08088 080000
Equipment Collections	024 7678 5353
Coventry Myton Hospice	024 7684 1900
Warwick Myton Hospice	01926 492518
Oncology Ward University Hospital	024 7696 5525 024 7696 5528 024 7696 5531
Macmillan Citizens Advice Bureau	024 7625 2050

If you require this publication in a different format or language, please contact the Equality and Diversity Department on 024 7653 6802.



Tel: 024 7623 7001

Palliative Care Team available:

Monday to Friday 8.30am – 4.30pm

Introduction

Palliative Care is for people with an advanced progressive illness. It can include people with cancer or other illnesses such as heart, lung or neurological conditions. It is provided alongside other active medical treatment in order to improve quality of life for patients and their families.

For example, the team can advise on the treatment of troublesome symptoms such as nausea and vomiting, pain, breathlessness, loss of appetite and tiredness.

Coping with a serious illness can be distressing and some people find it helpful to talk to us about their concerns, whether they are emotional, practical or of a spiritual nature.

We realise that you, your family or carers may have many questions and concerns. Your specialist palliative care nurse will agree a supportive plan with you and your family/carer.

For all patients, whatever the stage of their illness, our aim is to enable you and your family to live as well as possible, focusing on what is important to you and delivering support in the place you wish to be cared for.

The Team

The team consists of:

- Specialist Palliative Care Nurses
- Palliative Care Consultant (and doctor in training)
- Specialist Occupational Therapist
- Specialist Physiotherapist
- Palliative Support Healthcare Assistants

All members of the team have specialist training and experience in caring for patients with advanced illness in their home environment.

The palliative support workers deliver 'hands on' nursing care to patients in the last weeks of life.

Ways in which we can help

- We work closely with your GP, District Nursing team and any hospital teams involved in your care, aiming to ensure our shared skills are of maximum benefit to you, your family and carers.
- We aim to offer help and advice with the control of troublesome and often complex symptoms. Sometimes we recommend the use of medications in specialist ways which are not specified on the product license. If you have any questions about your medications please ask your specialist nurse.
- We can inform you of other services available and refer as necessary. This could include referrals to other members of our team (e.g. physiotherapy, occupational therapy), dieticians, speech and language therapy, or for hospice care (both inpatient and day services).
- We can provide advice about social, practical and financial issues.
- We aim to give you and your family time to talk about how you are feeling and help support you through what may be a very challenging time.
- We have a weekly multidisciplinary team (MDT) meeting where we can discuss any complex issues that may be affecting you with our doctors. They can offer advice, outpatient clinic appointments or home visits if required.
- Our job involves teaching others. Sometimes we may ask if we can bring students or other healthcare professionals along with us on our visits. We will always ask permission before visiting. We fully understand if you wish to decline and this will not affect your care.