**MILESTONE**

Managing the Link and Strengthening Transition from Child to Adult Mental Health Care.

**Aims and Objectives:**
To develop and validate low burden, reliable and efficient bespoke MILESTONE measures related to transition from CAMHS.
To create new measures that are able to accurately assess readiness for transition from CAMHS to an AMHS or alternative, and to measure transition outcomes.

Internal reliability of the new measures will be calculated by means of the Cronbach’s alpha.

The Pearson’s product moment correlation between the ‘standard scales’ and the new rating scales will be calculated to assess convergent validity.

**Inclusion Criteria:**
Young people aged 16 and over that have experience of working with CAMHS, have no intellectual impairment (IQ > 70) and have a reasonable level of the English language.

Family members of young people that have experience of working with CAMHS will also be eligible.

Mental health clinicians and other professionals from the community will be eligible if they work in a service with children and adolescents with mental health issues, excluding forensic settings. This could be in a CAMHS service or an AMHS that accepts referrals from CAMHS as well as community organisations.

All participants will have provided informed consent/assent in accordance to ethical regulations.

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**Start Date**
27/08/2015

**End Date**
30/06/2016

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