CIRCLE
Randomised controlled trial of the clinical and cost-effectiveness of a contingency management intervention for reduction of cannabis use and of relapse in early psychosis

Aims and Objectives:
To conduct an internal pilot study of a specific intervention based on contingency management for cannabis use in early psychosis, acquiring evidence regarding rates of recruitment and follow-up, as well as feasibility and acceptability of the intervention in an Early Intervention Service context.

If pilot trial criteria for recruitment and retention are met, to proceed with a full multicentre pragmatic randomised controlled trial, testing whether the intervention results in an increase in time to relapse compared with a control group. Both experimental and control group will receive an optimised form of EIS treatment as usual for cannabis (OTAU), involving delivery by care coordinators of a standardised psychoeducational package.

To test whether the intervention results in a decrease in cannabis use and in positive psychotic symptoms and in an increase in participation in work or education compared with the control group.

To assess the cost-effectiveness of the intervention from an NHS perspective.

Inclusion Criteria:
The target group is people aged 18-36 years with a history of psychosis and recent, problematic cannabis use. People currently on an early intervention service caseload will be eligible.

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<th>Chief Investigator</th>
<th>Principle Investigator</th>
<th>Start Date</th>
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<tbody>
<tr>
<td>Dr Sonia Johnson</td>
<td>Dr Steven Marwaha</td>
<td>01/03/2014</td>
<td>31/01/2016</td>
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